



Laura Scholes, Garth Stahl, Sarah McDonald

## Boyhood in the Digital Age

- Focuses on the interplay of new technologies and what this means for boyhood
- Examines mental health literacy in terms of digital boyhood
- The first book to focus on digital literacy, digital lifeworlds, and boyhood

Boyhood in the Digital Age recognizes that digital spaces serve two roles: they open doors to new ways of learning, connecting with others, and expressing creativity. But they also expose young people to new risks, including harmful ideas about what it means to be a man. This book offers practical insights for anyone who wants to help boys and young men thrive online while avoiding the pitfalls that can harm them and others.

### Table of Contents

Boyhood in the Digital Age
Boyhood, Learning, and Literacies in the Digital Age
Boyhood and Social Media
Boyhood and Video Games
Boyhood, Cyberbullying, and Harassment
Boyhood and Mental Health Literacy in the Digital Age
Boyhood, Sexuality and Relationships in the Digital Age
Conclusion: Navigating Masculinity in Digital Landscapes

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In a space as fraught and ever evolving as boys and young men's online lives, it's essential we promote considered and balanced voices. This book is a well-researched and thoughtfully argued exploration of this space, seeking to shine a light on the complex lived experience of this population, alongside tangible suggestions to ensure a better tomorrow for us all.

- A/Prof Zac Seidler, Global Director of Research, Movember, author of Masculinities and Mental Health in Young Men.

This book provides critical insights into the digital lives of boys. The book is both timely and insightful capturing how boys navigate learning, identity, relationships, and wellbeing in today's digital world. Spanning topics from social media and gaming to cyberbullying, mental health, and sexuality, it offers a nuanced look at the literacies and challenges shaping contemporary boyhood. It is a MUST read for those wanting to see boys thrive in today's modern society.

- James A. Smith, Matthew Flinders Professor (Health & Social Equity), Flinders University, Australia; Global VP Scientific Affairs, International Union for Health Promotion & Education.

Amid growing concerns about the social, emotional and psychological harms young people are experiencing online, *Boyhood in the Digital Age* is a welcome contribution. Particularly welcome is the book's focus on optimising the benefits of online engagement through fostering boys' and young men's critical digital literacies.

- Amanda Keddie, Professor of Education, Deakin University, Australia



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